



# Appendix A: Table 2. Clinical Syndromes or Conditions Warranting Empiric Transmission-Based Precautions in Addition to Standard Precautions

ISOLATION PRECAUTIONS GUIDELINE  
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Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings (2007)

### WHAT TO KNOW

Appendix A: Table 2. Clinical Syndromes or Conditions Warranting Empiric Transmission-Based Precautions in Addition to Standard Precautions from the Guideline for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings (2007).

## Table 2



### Format Change [February 2017]

The format of this section was changed to improve readability and accessibility. The content is unchanged.

| Disease  | Clinical Syndrome or Condition†   | Potential Pathogens‡          | Empiric Precautions (Always Includes Standard Precautions)   |
|--|---|-------------------------------|--|
| Diarrhea   | Acute diarrhea with a likely infectious cause in an incontinent or diapered patient   | Enteric pathogens§            | Contact Precautions (pediatrics and adult)   |
| Meningitis                                       | Meningitis  | <i>Neisseria meningitidis</i> | Droplet Precautions for first 24 hours of antimicrobial therapy; mask and face protection for intubation   |
| Meningitis                                       | Meningitis  | Enteroviruses                 | Contact Precautions for infants and children   |
| Meningitis                                       | Meningitis  | <i>M. tuberculosis</i>        | Airborne Precautions if pulmonary infiltrate<br>Airborne Precautions plus Contact Precautions if potentially infectious draining body fluid present  |
| Rash or Exanthems, Generalized, Etiology Unknown | Petechial/ecchymotic with fever (general)   | <i>Neisseria meningitides</i> | Droplet Precautions for first 24 hours of antimicrobial therapy  |
| Rash or Exanthems, Generalized, Etiology Unknown | Petechial/ecchymotic with fever (general) <ul style="list-style-type: none"><li>If positive history of travel to an area with an ongoing outbreak of VHF in the 10 days before onset of fever</li></ul> | Ebola, Lassa, Marburg viruses | Droplet Precautions plus Contact Precautions, with face/eye protection, emphasizing safety sharps and barrier precautions when blood exposure likely. Use N95 or higher respiratory protection when aerosol-generating procedure performed.<br>Ebola Virus Disease for Healthcare Workers [2014] |

| Disease  | Clinical Syndrome or Condition†   | Potential Pathogens‡  | Empiric Precautions (Always Includes Standard Precautions)  |
|--|---|---|---|
|  |   |   |  <b>Update:</b> Recommendations for healthcare workers can be found at <a href="#">Ebola For Clinicians</a> .  |
| Rash or Exanthems, Generalized, Etiology Unknown | Vesicular   | Varicella-zoster, <i>herpes simplex</i> , variola (smallpox), vaccinia viruses                              | Airborne plus Contact Precautions; Contact Precautions only if Herpes simplex, localized zoster in an immunocompetent host or vaccinia viruses most likely  |
| Rash or Exanthems, Generalized, Etiology Unknown | Maculopapular with cough, coryza and fever  | Rubeola (measles) virus   | Airborne Precautions  |
| Respiratory Infections                           | Cough/fever/upper lobe pulmonary infiltrate in an HIV-negative patient or a patient at low risk for human immunodeficiency virus (HIV) infection                            | <i>M. tuberculosis</i> , Respiratory viruses, <i>S. pneumoniae</i> , <i>S. aureus</i> (MSSA or MRSA)        | Airborne Precautions plus Contact precautions   |
| Respiratory Infections                           | Cough/fever/pulmonary infiltrate in any lung location in an HIV-infected patient or a patient at high risk for HIV infection  | <i>M. tuberculosis</i> , Respiratory viruses, <i>S. pneumoniae</i> , <i>S. aureus</i> (MSSA or MRSA)        | Airborne Precautions plus Contact Precautions<br>Use eye/face protection if aerosol-generating procedure performed or contact with respiratory secretions anticipated.<br>If tuberculosis is unlikely and there are no AIIRs and/or respirators available, use Droplet Precautions instead of Airborne Precautions<br>Tuberculosis more likely in HIV-infected individual than in HIV negative individual |
| Respiratory Infections                           | Cough/fever/pulmonary infiltrate in any lung location in a patient with a history of recent travel (10-21 days) to countries with active outbreaks of SARS, avian influenza | <i>M. tuberculosis</i> , severe acute respiratory syndrome virus (SARS- CoV), avian influenza               | Airborne plus Contact Precautions plus eye protection.<br>If SARS and tuberculosis unlikely, use Droplet Precautions instead of Airborne Precautions.   |
| Respiratory Infections                           | Respiratory infections, particularly bronchiolitis and pneumonia, in infants and young children   | Respiratory syncytial virus, parainfluenza virus, adenovirus, influenza virus, <i>Human metapneumovirus</i> | Contact plus Droplet Precautions; Droplet Precautions may be discontinued when adenovirus and influenza have been ruled out   |
| Skin or Wound Infection                          | Abscess or draining wound that cannot be covered  | <i>Staphylococcus aureus</i> (MSSA or MRSA), group A streptococcus  | Contact Precautions<br>Add Droplet Precautions for the first 24 hours of appropriate antimicrobial therapy if invasive Group A streptococcal disease is suspected   |

Diseases, syndrome, potential pathogen and recommended precautions.

\* Infection control professionals should modify or adapt this table according to local conditions. To ensure that appropriate empiric precautions are implemented always, hospitals must have systems in place to evaluate patients routinely according to these criteria as part of their preadmission and admission care.

† Patients with the syndromes or conditions listed below may present with atypical signs or symptoms (e.g.neonates and adults with pertussis may not have paroxysmal or severe cough). The clinician’s index of suspicion should be guided by the prevalence of specific conditions in the community, as well as clinical judgment.

‡ The organisms listed under the column “Potential Pathogens” are not intended to represent the complete, or even most likely, diagnoses, but rather possible etiologic agents that require additional precautions beyond Standard Precautions until they can be ruled out.

§ These pathogens include enterohemorrhagic *Escherichia coli* O157:H7, *Shigella spp*, hepatitis A virus, noroviruses, rotavirus, *C. difficile*.

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Table 3. Bioterrorist Threats



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National Center for Emerging and Zoonotic Infectious Diseases (NCEZID)

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- These pathogens include enterohemorrhagic *Escherichia coli* O157:H7, *Shigella spp*, hepatitis A virus, noroviruses, rotavirus, *C. difficile*.

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